



“Ashley Koff Approved” - The stamp of quality nutrition for optimal health

AKA is a seal, which consumers, physicians and healthcare practitioners can rely on to help them sort through what's true, what's authentic, what products they can be looking for, and what are trust worthy food sources. When you see AKA, it's as if I am there, telling you this food is healthy and will taste good too.

DIETARY SUPPLEMENTS Note: please be mindful of portion sizes, all AKA recommendations are for one serving.

AKA Opensky Store / www.shopopensky.com/ashleykoff

Align	Probiotic	Goodbelly	Big Shot 50: Lemon Ginger Flavor
Avesa	Organic Amla (Antioxidant Superfruit)	Greens 8000	Original, Berry, Chocolate
Ascenta	Nutravege	Healthy To Go	Go Greens, Green Ngt Fusion
Atlas	Agaricus Bio	Hero Nutritionals	Yummi Bears Organics: Multivitamin + Mineral, Brain Booster
Baby's Bliss	Gripe Water Original	Isagenix	Ionix Supreme
Bach	Rescue Balm, Rescue Remedy Spray	Jay Robb	Egg White Protein- Vanilla, Choc, Strawberry, Unflavored, Fat Burners, Chromium Picolinate, Ph Test Strips, Granulated Stevia Powder, Digestive Enzymes, Lactase Enzymes, Pancreatin, Free Form L-lysine, Vitamin C Complex, Acerola C, Joint Nutrition, HGH Nutrition
Barleans	Omega Swirl Flax Oil Supplement, Olive Leaf, Berry Flavoured Greens, Coconut Oil, Flax Oil, Cinnamon & Lemon Flax Oil, Fresh Flax Oil, Highest Ligan Flax Oil, Fish Oil Swirls: Mango Peach, Pina Colada	Living Harvest	Organic Hemp Protein W/fiber (Original, Vanilla Spice)
BioGaiia	Probiotic Straws	Maca Magic	Organic Maca Magic
Bionorica	Sinupret, Bronchipret (Kids), Sinupet (Kids)	Madre Labs	Acai Heart, Simply Acai, madre C, Immune Punch, Midori Greens, Cafeceps, Coccoeps
Biopharma	Nanomega, Nanopro, Nanogreens, Nanoreds	Manitoba Harvest	Certified Organic Hemp Protein, Certified Organic Hemp Pro 70, Organic Hemp Pro Fiber, Hemp Pro 50
Boiron	All AKA	Manukamed	Manukahoney, Manukapli, Manukacaps, Manukalozenges, Manukabalm
Calcet Citrate	Lemon Cream, Chocolate Fudge	Mommy's Bliss/ Baby's Bliss	Gripe Water Original, Gripe Water Travel Pack, Gripe Water Apple, Nipple Cream For Mommies, Babyderma Cream, Diaper Cream
Childlife	Multi-vitamin & Mineral-Orange, Mango, Essential Fatty Acids-Natural Butterscotch, Aller-Care-Grape, Echinacea-Orange, First Defense, Vitamin D3- Mixed Berry, Liquid Calcium with Magnesium-Orange, Liquid Vitamin C-Orange, Colostrum with Probiotics-Orange/Pineapple	Natrol	Melatonin Tr 3mg, Niacin Tr 500 Mg, Ester-c 500 Mg, Co-q10 100mg, Melatonin 5mg
Complementrix	Vitamin D Supplement	Natural Vitality/ Peter Gillham's	Energy28, Natural Calm, Osteo Calm, Organic Life Vitamins, Nutra Rev, Natural Calm Plus Calcium, Kids Natural Calm Multi
Culturelle	Probiotic	Nature's One	Pedia Vance Grape, Pedia Vance Apple, Essentials Dha & Ara, Organic Soy, Organic Lactose Free, Organic Dairy, Organic Pedia Smart Chocolate, Organic Pedia Smart Vanilla- All Baby Products
Dr Dunner	Sambu Guard Herbal Formula, Sambu Elderberry Concentrate, Sambu Cleansing Program, Cynarol	New Chapter	Wholemega, Perfect Prenatal, Wholemega Prenatal, Lifeshield- Immunity, Berry Greens, Zyflamend, Every Man, Every Woman, Breathe, Liver Force, Mind Force, Cordyceps, Reishi
Eden Foods	Bifidophilus Probiotic Bifa, Dentie Toothpowder,	Now	B 12 Energy Boost, Chocó Energy, L-carnitine
Flora	Flor Essencedetox, Flor Essence 25 Day Cleanse, Acid Assist, Flaxomega, Floralax, Flora Vision, Golden Flax Seed, Hawthorne, St. Johns Wort Extract, Vegetal Silica, White Willow Bark Extract, Norwegian Beta Glucan, Dha Flax Oil, High Lignan Flax Oil, Flax Oil 6 Month Shelf Life, Bone Basics	PhD (Probiotic Health Daily)	probiotic enhanced drink mix packets, drinks (berry digestion, citrus immunity)
Floradix (Salus)	Floravital Iron +herbs, Magnesium, Epresat Multivitamin, Iron+herbs, Calcium-magnesium, Alpenkraft Herbal Syrup, Calcium, Floradix Iron +herbs, Calcium-magnesium, Children's Multivitamin, Calcium, Magnesium, Gallexier Herbal Bitters, Kinder Love	Reserveage	Resveratrol, Resveratrol 100/250/500mg, Keratin Booster, Viralaurin Immune, Resveratrol Ultimate Antioxidant, Prostate Advantage, Menopause Advantage, Collagen Booster, Resveratrol Tonic
Futurebiotics	Organic Folic Acid, Organic Five Grasses, Organic Seasonal Immunity, Organic Active Eyes, Organic Digestive Greens, Organic Berry Fruity, Organic Bioactive Antioxidants	Salus	Floradix Iron +herbs, Calcium-magnesium, Children's Multivitamin, Calcium, Epresat Multivitamin, Herbal Syrup, Magnesium, Herbal Bitters
Garden Of Life	Omegazyme, Lovely Legs, Vitamin Code, Raw Calcium, Digestive Enzyme Blend, Vitiman Code Men & Women, Zyme Ultra Digestive Enzyme Blend, Fucoprotein Bar, Vitamin Code D3, Wobenzym N, Detoxifiber, Super Seed, Primal Defense-kids, Vitamin Code-prenatal, Family, Perfect Weight, 50 & Wiser Men, 50 & Wiser Women, Raw, Vitamin C, Vitamin E, Bcomplex, Antioxidants, Iron, Raw One For Women, Raw One For Men, Raw Meal, Perfect Food Raw-capsules + Powder, Perfect Meal-choc, Vanilla, Raw Protein, Probiotic Smile, Raw Antioxidants, Wobenzym N, Raw Kombucha Capsules, Vitamin Code Kids IMMUNE BALANCE PRODUCTS: Daily, Sinus, Yeast, Rapid Extra Strength	Sibu	Revitalize & Renew (Sea Buckthorn Liquid Supplement), Cellular Support
		Sinupret	Adult: Sinus + Immune Support. Kids: Sinus + Immune Syrup
		Skyisland Naturals	Supreme Mix- Capsules + Powder

– Ashley Koff RD takes the guesswork out of making healthy choices –
For more information, tips, and resources please visit www.AshleyKoffApproved.com



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Smartforme	Unflavored Whey, Oatmeal
Socal Cleanse	Organic Detox Tea- Peppermint And Hibiscus, Organic Protein+detox, Organic Protein + Fiber
Sprayology	Immune Booster; Diet Power; Party Relief, Sleepease, Cold+Flu Relief, Allergease, Stress Relief, Acne Tonic, B-12 +folic Acid, Body Balance Body Skin Tonic, Brain Power; Bone Builder; City Life Detoxer; Digestiveease, Hair + Nail Tonic, Man Power; Meno Power; PMS Support, Woman Power; Sleepease
Sprunk-Jensen	Spotless, Red Dry Skin, Anusalve, Cholesterol Level, Glucose Level, Masculine, Feminine
Sun Food	Maca- Organic, Blue Mangosteen, Maca Capsules
Tera's Whey	Organic Whey
Theraveda Organix	Stress Ease, Sleep Ease
Udo's Oil	3.6.9 Blend, Digestive Enzyme Blends, Flex Defense Enzyme Blend, Green Blend, Wholesome Fast Food, Super Bifido Plus Probiotic, Infants Probiotic, Children's Probiotic, Adults Probiotic, Advance Adult Probiotic, Super 8 Hi-potency Probiotic
Ultima Replenisher	All Flavors
Urban Moonshine	All Organic Bitters, IMMUNETONICS: Immune Zoom, Immunity
Vega	Vega Sport Natural Plant Performance Optimizer
Vitalah	Oxylent
Xlear	Nasal Spray, Nasal Wash
YogaEarth	Vitality, Balance

If you don't see your product on the AKA list,
please contact colleen@ashleykoffapproved.com to submit your product for AKA consideration.

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